



**CONSCIOUS
HEALING**
AWAKENING YOUR TRUE POTENTIAL

Drug and Alcohol Testing Policy

At Conscious Healing, we prioritize the safety and well-being of our clients through the implementation of a comprehensive drug and alcohol screening policy. Please review the following guidelines carefully.

Breathalyzer Testing: All clients who are attending services regarding substance use must provide a breathalyzer test upon arrival. Clients are not permitted to complete assessments, or individual appointments if their breathalyzer test result is at or above a 0.02. Clients are not permitted into group if their breathalyzer test results are above a 0.00, as this may be detrimental to the other group participants.

Drug/Alcohol Testing for Group Participants: For group sessions that do not include a break, all participants must complete their screens prior to entering group. For group sessions that include a break, all participants must complete their screens no later than the last break provided to the group. Testing after the completion of the group session will not be accepted.

Drug/Alcohol Testing Methods: Conscious Healing reserves the right to require either a urine screen or an oral swab test at our discretion. If a client is unable to provide a urine sample by the testing deadline, they may be asked to provide an oral swab sample.

Failure to Provide a Test: Failure to provide a screen when requested will be logged as a presumptive positive and noted in their file as such.

Non-Attendance: Non-attendance does not waive the requirement for testing. If a client is unable to attend a scheduled group or session, their primary clinician will provide them with an alternate timeline within which they must provide a sample to Conscious Healing. If a sample is not provided within the timeline requested it will be logged as a presumptive positive.

Confirmation Testing: All screens conducted by Conscious Healing are sent to Millennium Health for confirmation testing. The cost of confirmation testing is billed directly to the client's insurance provider. If a client does not have insurance or fails to provide their insurance information within 24 hours of providing their sample, the sample will be sent to Millennium as a private pay charge, and the client will receive a bill from Millennium for the test. Please see the Consent for Testing document for further information regarding Millennium Health.

Abstinence Based: Conscious Healing is an abstinence-based program. All clients in substance treatment must remain abstinent from all alcohol, substances, or unapproved prescriptions. This includes prescriptions that were recommended for discontinuation, NyQuil, and/or "med cards". If a client tests positive outside of the bounds of an approved prescription for any substance for any reason, this will be considered a relapse. It is the client's responsibility to know the ingredients of any food, drink, or supplements they are taking and discontinue use for the duration of programming if it would trigger a positive test result.

By adhering to these guidelines, we aim to maintain a safe and supportive environment for all participants in our programs. If you have any questions or concerns regarding our drug screen policy, please do not hesitate to contact us.