



**CONSCIOUS
HEALING**
AWAKENING YOUR TRUE POTENTIAL

Drug and Alcohol Testing Policy

At Conscious Healing, we prioritize the safety and well-being of our clients through the implementation of a comprehensive drug and alcohol screening policy. Please review the following guidelines carefully.

Breathalyzer Testing: All clients who are attending services regarding substance use must provide a breathalyzer test upon arrival. Clients are not permitted to complete assessments, or individual appointments if their breathalyzer test result is at or above a 0.02. Clients are not permitted into group if their breathalyzer test results are above a 0.00, as this may be detrimental to the other group participants.

Drug/Alcohol Testing for Group Participants: For group sessions that do not include a break, all participants must complete their screens prior to entering group. For group sessions that include a break, all participants must complete their screens no later than the last break provided to the group. Testing after the completion of the group session will not be accepted.

Drug/Alcohol Testing Methods: Conscious Healing reserves the right to require either a urine screen or an oral swab test at our discretion. If a client is unable to provide a urine sample by the testing deadline, they may be asked to provide an oral swab sample. Observed urine screens may be done at random.

Failure to Provide a Test: Failure to provide a screen when requested will be logged as a presumptive positive and noted in their file as such.

Non-Attendance: Non-attendance does not waive the requirement for testing. If a client is unable to attend a scheduled group or session, their primary clinician will provide them with an alternate timeline within which they must provide a sample to Conscious Healing. If a sample is not provided within the timeline requested it will be logged as a presumptive positive.

Confirmation Testing: All screens conducted by Conscious Healing are sent to Millennium Health for confirmation testing. The cost of confirmation testing is billed directly to the client's insurance provider. If a client does not have insurance or fails to provide their insurance information within 24 hours of providing their sample, the sample will be sent to Millennium as a private pay charge, and the client will receive a bill from Millennium for the test. Please see the Consent for Testing document for further information regarding Millennium Health.

Abstinence Based: Conscious Healing is an abstinence-based program. All clients in substance treatment must remain abstinent from all alcohol, mood altering substances, or unapproved prescriptions. This includes legally obtained substances such as Kratom, alcohol, or recreational marijuana. This also includes medications or prescriptions that were recommended for discontinuation, NyQuil, and/or "med cards". If a client tests positive outside of the bounds of an approved prescription for any substance for any reason, this will be considered a relapse. It is the client's responsibility to know the ingredients of any food, drink, or supplements they are taking and discontinue use for the duration of programming if it would trigger a positive test result.

By adhering to these guidelines, we aim to maintain a safe and supportive environment for all participants in our programs. If you have any questions or concerns regarding our drug screen policy, please do not hesitate to contact us.

Updated 05/6/2024